



HEALTH · AESTHETICS · RECOVERY

Treatments & *Pricing*

2026 Edition

365 Holburn Street, Aberdeen AB10 7FQ
01224 454145 · clinicc.co.uk

A considered approach to looking and feeling *well*.

Clinic C brings advanced skin, body and recovery treatments together under one roof, delivered by an experienced clinical team in the heart of Aberdeen. **Every treatment begins with a conversation** — about your skin, your goals and what is realistic — so that what we recommend is right for you, not simply what is on the menu.

Clinic C is registered with Healthcare Improvement Scotland, the independent regulator for private clinics in Scotland.



How to book

The Clinic C app

Available on the App Store — book, manage and rebook in a few taps.

Online

app.caraos.co.uk/book

By phone

01224 454145

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Facials, peels & *lifting*

Results-led facial treatments, from a signature Hydrafacial to focused ultrasound lifting — chosen for your skin at consultation.



Hydrafacial

Cleanse, exfoliate, extract and deeply hydrate in one sitting.

Skin for Life	£160
PERK Lip & Eye	£220
Hydrafacial Complete	£260
Bespoke Alumier Hydrafacial Complete	£320
90 min · with LED light therapy and facial cryotherapy	

AlumierMD Chemical Peels

Professional-grade peels, chosen for your skin at consultation.

Radiant 30	£90
45 min · the gentlest peel, suited to sensitive skin	
Radiant 20/10	£90
45 min · congestion, tone and texture	
Detox Clear	£90
45 min · for congested, blemish-prone skin	
Glow Peel	£140
45 min · two layers, a few days of visible peeling	

HIFU

High-intensity focused ultrasound to lift and firm over time.

Full Face	£720
60 min	
Full Face & Neck	£799
75 min	
Full Face, Neck & Décolletage	£959
90 min	

RF Skin Tightening

Radiofrequency warmth to encourage firmness.

Full Face & Neck	£130
45 min	

Signature Facials

CryoFacial	£50
30 min · cooled air lowers the skin's temperature from around 35°C to 7°C	
Bespoke Dermaplaning	£125
60 min · lifts dead skin and fine vellus hair	
V-Carbon Peel	£150
45 min · laser 'carbon' facial, full face & neck	

Resurface, renew & *restore*

Advanced treatments for texture, scarring, pigmentation and loss of radiance. Several are delivered as a course — we will advise the right number of sessions at consultation.



Fractional CO2 Laser Resurfacing

Our most advanced resurfacing treatment for texture, scarring and sun damage. Consultation required.

Face	£900
Face & Neck	£1,200
Face, Neck & Décolletage	£1,450
Abdomen	£800
Stretch Marks	£50
per stretch mark	

PRP 'Vampire' Therapy

Growth factors concentrated from a small sample of your own blood.

Rejuvenating Vampire Facial	£300
60 min	
Hair Regrowth Therapy	£250
60 min	
Stretch Marks Therapy	£200
60 min · one area, includes two vials	

Microneedling

Controlled micro-channels that stimulate the skin's natural renewal.

Face	£200
60 min	
Face & Neck	£225
60 min	
Face, Neck & Décolletage	£270
75 min	
The Complete Treatment	£350
90 min · with mesotherapy, dermaplaning and LED light therapy	

Mesotherapy Nappage

Micro-injections of vitamins and nutrients for hydration and radiance.

Face	£150
30 min	
Face & Neck	£170
30 min	
Face, Neck & Décolletage	£375
45 min	
Hair Regrowth	£200
30 min · nourishes the follicles	

Subtle, considered & *natural*

Our prescriber-led injectable treatments favour restraint. The aim is always that you look rested and well — never done.



Lines & Expression

Prescription-only treatments are agreed with our prescriber at consultation. Prices shown are for treatment following that consultation.

One area	£160
30 min	
Three areas	£325
30 min	
Men — three areas	£375
30 min	
Each additional area	£160
15 min	
Jawline definition	£300
30 min · also eases jaw tension and grinding	
Non-surgical neck lift	£400
30 min · softens banding for a smoother contour	
Underarm sweat reduction	£450
45 min · lasts several months at a time	

Profililo

Injectable hyaluronic acid that deeply hydrates and remodels the skin.

Single treatment	£325
30 min	
Course of 2	£585
recommended protocol	

Jalupro Skin Booster

Amino-acid and hyaluronic-acid booster for overall skin quality.

Jalupro Classic	£200
30 min	
Jalupro HMW	£250
30 min	
Jalupro with lines & expression treatment	£350
45 min	

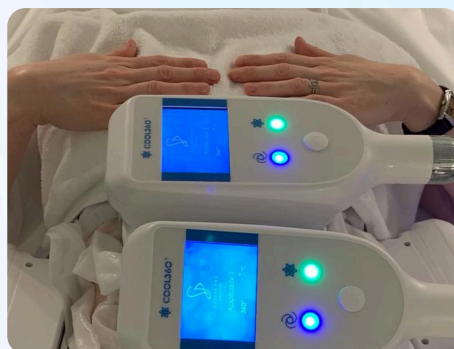
Aqualyx Fat Dissolving

Targets small, stubborn pockets of fat in the treated area.

Face & Neck	£350
45 min	
Body	£400
45 min	

Contour, tone & *sculpt*

Non-surgical body treatments to reduce stubborn fat, build muscle tone and firm the skin. Courses are recommended for lasting results.



Lipo Freeze

Cryolipolysis — cools stubborn fat cells to gradually reduce their appearance.

One area	£135
45 min	
Two areas	£225
60 min	
Four areas	£390
90 min	
Chin	£159
30 min	

Emsculpt

Electromagnetic energy for deep muscle contractions — tone and strength.

Single treatment	£150
30 min	
Course of 6	£600

Brazilian Bum Lift

Non-surgical vacuum therapy that lifts, firms and shapes.

Single treatment	£140
45 min	
Course of 3	£359
Course of 5	£550

Cavitation

Ultrasound body contouring to smooth and shape.

One area	£110
45 min	
Two areas	£200
60 min	

RF Skin Tightening — Body

Radiofrequency warmth for a smoother, tighter look.

One area	£110
45 min	
Two areas	£200
60 min	

LASER HAIR REMOVAL

Smooth, for *good*

Medical-grade laser targets the hair follicle to reduce unwanted hair over a course of sessions. A patch test is required before your first treatment. Courses of six and eight are priced below.



AREA	SINGLE	COURSE OF 6	COURSE OF 8
Face			
Nose	£50	£280	£340
Upper Lip	£60	£350	£465
Chin	£90	£520	£700
Sideburns	£90	£520	£700
Cheeks	£90	£520	£700
Eyebrows	£90	£520	£700
Outer Ears	£90	£520	£700
Jawline	£110	£600	£800
Neck	£120	£650	£850
Half Face	£150	£850	£1,020
Full Face	£270	£1,500	£1,700
Full Face & Neck	£350	£1,700	£2,100
Arms			
Hands & Fingers	£60	£350	£495
Underarms	£110	£600	£800
Shoulders	£120	£650	£850
Half Arms & Elbows	£150	£850	£1,020
Full Arms	£200	£1,000	£1,300

AREA	SINGLE	COURSE OF 6	COURSE OF 8
Body			
Nipples	£90	£520	£700
Navel	£110	£600	£800
Abdomen	£150	£800	£900
Upper Chest	£150	£800	£900
Upper Back	£150	£800	£900
Lower Back	£150	£800	£900
Full Back	£280	£1,400	£1,680
Intimate			
Bikini Standard	£110	£600	£800
Peri-anal	£110	£600	£800
Extended Bikini	£150	£800	£900
Buttocks	£150	£800	£900
Full Intimate	£180	£900	£1,110
Legs			
Feet & Toes	£150	£800	£900
Lower Leg & Knee	£150	£800	£900
Upper Leg & Knee	£210	£1,160	£1,430
Full Legs	£275	£1,400	£1,870
Full Body			
Full Body, excluding face	£500	£2,900	£3,400
Full Body, including face	£600	£3,400	£4,050
Other Laser Treatments			
Facial Skin Tightening	£200	£1,100	£1,350
Skin Tightening — Hands	£200	£1,100	£1,350
Rosacea Diffusion	£150	£540	—
Nail Fungus	£100	£480	—

Laser Patch Test & Consultation — 20 min · £25. Prices for areas not listed are available on request.



CLINIC C

HEALTH AESTHETICS RECOVERY



SECTION THREE

Recovery & Wellness

Whole body cryotherapy, localised cold therapy, hydrotherapy, body roller and clinically delivered nutrient therapy.

Whole Body *Cryotherapy*

Three minutes at around minus ninety degrees, in a controlled chamber. Used by athletes for recovery and by everyone else for the energy and clarity that follows. Courses and memberships can be shared with a partner or family.



Pay as you go, or buy a course

Courses are paid when you book your first session; the rest wait in your account to use whenever suits you.

SINGLE SESSION

£35

Pay as you go.

COURSE OF 5

£160

£32 a session.

ELEVENTH SESSION FREE

COURSE OF 10

£300

£30 a session — and an eleventh session is added free while the offer runs.

Membership — make it a habit

A set number of sessions every month by Direct Debit, for considerably less than paying as you go. Six-month term; starts the day you join and ends by itself.

10 SESSIONS A MONTH

£199 / month

£19.90 a session · saves 43% against single sessions.

20 SESSIONS A MONTH

£329 / month

£16.45 a session · saves 53% against single sessions.

BEST VALUE

Your first month is charged pro rata from the day you join, then on the 1st of each month for six months. Whole body cryotherapy is not suitable for everyone — we will check your suitability before your first session.

Restore, replenish & *recover*

Targeted cold therapy, massage, hydrotherapy and clinically delivered nutrient therapy — to help you recover faster and feel better, more often.



Localised Cryotherapy

A high volume of cold air pin-pointed at one area — knees, ankles, shoulders.

Per area	£30
15 min	

Body Roller

A rolling massage that relaxes muscle, boosts circulation and aids recovery.

Single session	£40
30 min	

Course of 10	£350
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Hydrotherapy

Warm underwater massage to ease tension and support recovery.

Single session	£95
30 min	

Course of 5	£425
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IV Nutrient Therapy

Delivered by our clinical team following a short consultation.

Consultation	£25
30 min	

Glutathione IV	£150
45 min	

Mega Vitaliser IV	£300
45 min	

Wellness Myers IV	£300
45 min · the classic Myers' cocktail	

Vitamin Injections

Intramuscular, 15 minutes.

Vitamin B12	£50
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Vitamin B-Complex	£65
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Vitamin C	£65
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Vitamin D	£125
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Consultations

Skin Consultation	£25
30 min · one-to-one assessment and treatment plan	

Laser Patch Test	£25
20 min · required before laser hair removal	

GOOD TO KNOW

The small print, kept *short*.

Consultations. Many treatments begin with a consultation so that we can confirm suitability and agree a plan. Prescription-only treatments are only ever agreed following assessment by our prescriber.

Courses. Courses are paid in full at the first appointment and sessions are held in your account. Whole body cryotherapy courses and memberships can be shared with a partner or family.

Memberships. Cryotherapy memberships run for six months by Direct Debit, charged pro rata for the first month and then on the 1st of each month, and end automatically.

Laser. A patch test is required before laser hair removal and should be booked at least 48 hours before your first session.

Appointments. Please give us as much notice as you can if you need to move or cancel an appointment. Our full booking and cancellation terms are available in the Clinic C app and at reception.

Prices. All prices include VAT where applicable and are correct at the time of printing. The live price list in the Clinic C app takes precedence.

VISIT

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Aberdeen AB10 7FQ

CALL

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BOOK

The Clinic C app · App Store
app.caraos.co.uk/book

WRITE

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